CYPATH[™] LUNG SPUTUM SAMPLE COLLECTION INSTRUCTIONS





REMOVE COLLECTION CUP SAVE YOUR KIT BOX READ INSTRUCTIONS MAKE SURE YOUR NAME IS WRITTEN ON CUP



FREEZE THE COLD PACK

KEEP KIT BOX AND ALL ITS CONTENTS IN SAFE PLACE TO USE WHEN YOU RETURN YOUR SAMPLE



PREPARE TO COLLECT YOUR SAMPLE

REMOVE THE LID FROM THE COLLECTION CUP PLACE CUP AND ASSIST DEVICE IN YOUR BATHROOM WHERE YOU WILL COLLECT YOUR SAMPLE





PREPARE YOUR SAMPLE

USE THE ASSIST DEVICE TO OPEN YOUR AIRWAYS

BREATHE DEEPLY 10 TIMES WITHOUT DEVICE BREATHE DEEPLY 10 TIMES THROUGH THE DEVICE IN YOUR MOUTH REMOVE THE ASSIST DEVICE FROM YOUR MOUTH



COUGH YOUR SAMPLE INTO THE COLLECTION CUP

"HUFF" COUGH 3 TO 5 TIMES TO HELP MUCUS COME UP FROM YOUR LUNGS

EXPEL MUCUS ONLY INTO THE COLLECTION CUP

REPEAT, OR TRY AGAIN LATER, IF NEEDED



REFRIGERATE YOUR SAMPLE IN THE CUP BETWEEN COLLECTION

SECURE THE LID ON YOUR COLLECTION CUP



REPEAT YOUR SAMPLE COLLECTION FOR 2 MORE DAYS FOR A TOTAL OF 3 DAYS

COLLECT YOUR SAMPLE IN THE **SAME CUP**

REFRIGERATE YOUR SAMPLE AFTER EACH COLLECTION



RETURN YOUR SAMPLE

RETURN YOUR SAMPLE ON YOUR LAST DAY OF COLLECTION

REMOVE YOUR SAMPLE FROM THE REFRIGERATOR

TIGHTLY SECURE THE LID

PLACE CUP IN BIO PROTECTIVE BAG

REMOVE FEDERAL EXPRESS PRE-ADDRESSED ENVELOPE FROM THE KIT BOX



PREPARE TO SHIP YOUR SAMPLE TO THE LABORATORY

REMOVE COLD PACK FROM FREEZER AND PLACE IT IN THE KIT BOX PUT YOUR SAMPLE IN KIT BOX NEXT TO COLD PACK CLOSE THE KIT BOX CONTAINING YOUR SAMPLE BY FOLDING THE FLAPS INTO THE SIDES





SHIP YOUR SAMPLE <u>FREE</u> BY OVERNIGHT FEDERAL EXPRESS

PLACE THE KIT CONTAINING YOUR SAMPLE IN THE PRE ADDRESSED FEDERAL EXPRESS ENVELOPE CONTAINED IN YOUR KIT BOX

CALL 1-800-GOFEDEX (1800-463-3339) TO SCHEDULE A PICK UP





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